

Seven Oaks Swim and Racquet Club

Todd McClung

Club Director / Aquatics Director

(919) 848-8313 (Pool) April 20 - Labor Day

(919) 848-9570 (Office) Labor Day - April 19

7474 Creedmoor Road #300

Raleigh, North Carolina 27613

(919) 848-9570

William Noblitt

Head Tennis Director

(919) 848-9928

April 1, 2026

Dear Members,

As Director of Seven Oaks Swim and Racquet Club, I want to thank all of you for helping make the summer of 2025 another great year. 2026 will be our 43rd year and we expect to continue having fun.

Our new staff includes mature, energetic lifeguards and coaches.

We will continue having float night on Thursdays (see calendar), Guest Day on Wednesdays and parties for anyone that reserves our informal setting. Rentals will be limited to two times per week; therefore, reservations should be confirmed in advance to ensure availability. Rental is only available for parties of 80 people or less. Rental fees are as follows:

Main Pool 8:00 - 10 pm \$600.00 price includes 3 lifeguards

Main Pool 8:00 - 12 midnight \$1,200.00 price includes 3 lifeguards

Slide Pool 8:00 - 11:00 \$1,500.00 price includes 6 lifeguards

We will also continue offering tennis instruction and competition play on our eighteen lighted courts. The tennis pro shop will be open for your tennis needs.

The slide will only be open at designated times which will vary depending upon weather and attendance. All swimmers must be at least 42 inches in height to slide. A trained employee will supervise slide activities. Only one person will be allowed to use the slide at one time; no water wings or balls permitted on the slide. You must slide feet first, lying down on your back. Bathing suits must be free of buckles, metal buttons, etc.

Due to the large number of dues that we collect from April to May, we ask that you please not hand deliver, but mail all checks:



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Seven Oaks Swim and Racquet Club

SWIMMING POOL RULES AND REGULATIONS

1. Seven Oaks Swimming Pool Schedule

HOURS - Monday-Saturday 10:00 a.m. - 8:00 p.m.
Sunday 12:00 noon - 8:00 p.m.

All persons using the pool do so at their own risk. The Club assumes no responsibility for injury or damage resulting from such use.

2. The Pool Director and his staff will regulate the use of the swimming pool and will maintain control of the pool during operating hours.
3. Pool rules and regulations are designed to provide the greatest pleasure for the membership and guests. The Pool Director is given full authority to enforce all swimming regulations.
4. No one will use the pool unless there is an employed swimming instructor or lifeguard on duty.
5. Glass containers are not permitted within the pool enclosure, and no food or drinks shall be consumed except in the area separated and designated for this purpose. Every member and guest is expected to cooperate to keep the pool premises clean and attractive and free of debris.
6. No horse play, dunking, splashing, running, boisterous, or rough play shall be allowed in or around the pool, and violators will be subject to discipline by Pool Director. Repeated violations shall be grounds for suspension.
7. Swimmers who have passed a swim test (1 length of the pool in the deep end) may use diving boards.
 - One person allowed on diving board at a time.
 - Diver may bounce once on board, no double or multiple bounces.
 - Upon completing dive, swim to closest ladder.
8. Each member entering the swimming pool must present a Seven Oaks membership I.D.
9. Guest policies - Out of town guests may swim for \$10.00 fee. (No more than 4 guests per membership without approval)
In town guests (within 25 miles of Seven Oaks) may visit on Wednesdays - Guest Day. Fee is \$10.00.
10. NO children under 12 years of age shall be left at the pool without direct supervision of a responsible person.
11. Pets are not allowed around Swim and Tennis areas.
12. No hard balls, hard toys, or water guns are allowed in the pool. Floats may be used in shallow end of pool (inside lifeline).
13. There will be a ten-minute break each hour. All persons under the age of 18 will be required to get out of the water during this break.
14. Adults shall be responsible for children using **baby pool**.
15. Lifeguards shall be on duty at all times during pool hours. Their first duty shall be safety and they will be responsible for enforcing the pool rules. However, parents are expected to personally supervise their children and the responsibility of adults who accompany children to the pool does not cease because a lifeguard is on duty. All persons with children in their care are required to watch, protect, supervise and control these youngsters at all times when they are on Club property.
16. **RESERVATIONS FOR SPECIAL PARTIES (Birthday, Office, Church) WILL BE HANDLED BY POOL DIRECTOR AT REGISTRATION DESK.**

Fee for Pool Parties:

Main Pool 8:00 - 10:00 \$600.00 price includes 3 lifeguards (80 people or less)
Main Pool 8:00 - 12:00 \$1,200.00 price includes 3 lifeguards (80 people or less)

Fee for Seven Oaks Slide Party:

\$1,500.00 price includes 6 lifeguards (80 people or less)

Fee for Birthday Parties: Must Be reserved on?

\$200.00 Fee. Tables are first come, first serve
Please limit parties to two hours. Maximum 15 people per party.
No Birthday Parties on Wednesday, Saturday - Sunday or holidays. Set up no more than one hour prior to party.

(OVER)

NOTE

**ALL USAGE OF THE SEVEN OAKS FACILITY BY ANY GROUP
MUST BE AUTHORIZED BY THE DIRECTOR.**

INFANTS MUST WEAR SWIM SAFE DIAPERS

**GAS AND CHARCOAL GRILLS ARE
NOT ALLOWED ON POOL DECK.**

**(GRILLS BY PING PONG AREA ARE FOR PRIVATE PARTIES AFTER HOURS AND MAY BE
SIGNED UP FOR AT DESIGNATED TIMES)**

**ALL GUESTS MUST BE REGISTERED AND FEE PAID BEFORE
USING FACILITY. IN-TOWN GUESTS ARE WELCOME ON
WEDNESDAY FOR A \$10.00 FEE. UNDER ONE YEAR OLD
FREE. OUT-OF-TOWN GUESTS (THOSE WHO LIVE OUTSIDE
A 25-MILES RADIUS) ARE WELCOME ANY TIME, EXCEPT FOR
THE 4TH OF JULY, ACCOMPANIED BY A MEMBER.
FEE - \$10.00 PER PERSON.**

**ALL LOUNGE CHAIRS AND TABLES ARE TO BE USED ON A
FIRST-COME BASIS.**

**FOR EVERYONE'S SAFETY, GLASS, GLASS BOTTLES,
GLASS FOOD CONTAINERS ARE NOT PERMITTED AT ANY
TIME WITHIN THE POOL ENCLOSURE.
ANY MEMBER CAUGHT BREAKING THIS RULE WILL BE
SUSPENDED**

BAND-AIDS AND BANDAGES NOT ALLOWED IN WATER.

**WE RESERVE THE RIGHT TO SUSPEND ANY MEMBER WHO
FAILS TO OBEY THE RULES OF THE CLUB OR JEOPARDIZES
THE SAFETY OF ANY MEMBER.**

Seven Oaks Swim and Racquet Club

IMPORTANT SWIMMING POOL DATES

| | |
|-----------|---|
| May 1 | Annual dues and initiation fees are due. |
| May 11-15 | Swim team practice begins. Pool closed during this time for all but swim team. See calendar. |
| May 16 | <u>Pool opens for season - 10:00 a.m.</u> |
| May 24 | Music & Food Trucks |
| May 25 | Music & Food Trucks |
| June 2 | Practice Meet-Time Trials 6:00 pm Team Pictures 5:00 |
| June 9 | First Swim Meet |
| June 13 | Lock-in for ages 8-12 / 7:30 pm-10:30 pm Fee \$20.00 per member, \$25.00 per guests. Pizza served & snack bar open until 10:00 pm. (Slide open, Games, and Fun!) |
| June 20 | Seven Oaks Members Party (BYOB) - No children. Music provided / 7:30-10:30 pm Members free / Guests \$20.00 per person |
| July 4 | Festivities start at 1:00 pm |
| July 14 | Last swim meet of the year |
| July 21 | Team Banquet |

*June, July and August activity calendars will be available at the pool
or SevenOaksRaleigh.com*

MAY 2026

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|--|--|--|--|--|--|
| Annual Dues & Initiation Fees Due Please mail do not deliver - annual dues to Membership Office | Seven Oaks May 2026 Pool Schedule Phone: 919-848-8313 www.SevenOaksRaleigh.com In-town Guests: Wednesday Only (Fee \$10.00) Out-of-Town: Any Day (Fee \$10.00) | | | | | |
| 3 | 4 | 5 | 6 | 7 | 8 | 9 |
| POOL OPENS FOR SEASON MAY 16th | | | | | | |
| 10 | 11 SWIM TEAM PRACTICE 6 & UNDER 4:30 - 5:00 7 & OVER 5:00 - 6:00 | 12 SWIM TEAM PRACTICE 6 & UNDER 4:30 - 5:00 7 & OVER 5:00 - 6:00 | 13 SWIM TEAM PRACTICE 6 & UNDER 4:30 - 5:00 7 & OVER 5:00 - 6:00 | 14 SWIM TEAM PRACTICE 6 & UNDER 4:30 - 5:00 7 & OVER 5:00 - 6:00 | 15 SWIM TEAM PRACTICE 6 & UNDER 4:30 - 5:00 7 & OVER 5:00 - 6:00 | 16 POOL OPENS FOR SEASON 10:00am - 8:00pm |
| 17 POOL OPEN 12:00 PM - 8:00 PM | 18 POOL OPEN 10:00 AM - 8:00 PM SWIM TEAM PRACTICE 6 & UNDER 4:30 - 5:00 7 & OVER 5:00 - 6:00 | 19 POOL OPEN 10:00 AM - 8:00 PM SWIM TEAM PRACTICE 6 & UNDER 4:30 - 5:00 7 & OVER 5:00 - 6:00 | 20 POOL OPEN 10:00 AM - 8:00 PM SWIM TEAM PRACTICE 6 & UNDER 4:30 - 5:00 7 & OVER 5:00 - 6:00 | 21 POOL OPEN 10:00 AM - 8:00 PM SWIM TEAM PRACTICE 6 & UNDER 4:30 - 5:00 7 & OVER 5:00 - 6:00 | 22 POOL OPEN 10:00 AM - 8:00 PM SWIM TEAM PRACTICE 6 & UNDER 4:30 - 5:00 7 & OVER 5:00 - 6:00 | 23 POOL OPEN 10:00 AM - 8:00 PM |
| 24 POOL OPEN 12:00 PM - 8:00 PM FOOD TRUCKS BAND PARTY 2-5pm 31 POOL OPEN 12:00 PM - 8:00 PM | 25 POOL OPEN 10:00 AM - 8:00 PM FOOD TRUCKS BAND PARTY 2-5pm | 26 POOL OPEN 10:00 AM - 8:00 PM SWIM TEAM PRACTICE 6 & UNDER 4:30 - 5:00 7 & OVER 5:00 - 6:00 | 27 POOL OPEN 10:00 AM - 8:00 PM SWIM TEAM PRACTICE 6 & UNDER 4:30 - 5:00 7 & OVER 5:00 - 6:00 | 28 POOL OPEN 10:00 AM - 8:00 PM SWIM TEAM PRACTICE 6 & UNDER 4:30 - 5:00 7 & OVER 5:00 - 6:00 | 29 POOL OPEN 10:00 AM - 8:00 PM SWIM TEAM PRACTICE 6 & UNDER 4:30 - 5:00 7 & OVER 5:00 - 6:00 | 30 POOL OPEN 10:00 AM - 8:00 PM SWIM TEAM PRACTICE 6 & UNDER 4:30 - 5:00 7 & OVER 5:00 - 6:00 |

WELCOME TO SEVEN OAKS

Tennis & Pickleball New Member Information Packet

WELCOME!

We're excited to welcome you to the Seven Oaks community. This packet provides everything you need to know to get started with our tennis and pickleball programs.

IMPORTANT MEMBER RESOURCES

Website: www.SevenOaksRaleigh.com

Please register for our Newsletter on the website to receive email updates, announcements, and information regarding tennis and pickleball happenings.

COURT RESERVE – REQUIRED FOR ALL MEMBERS

When you become a member, a Court Reserve account will be created for you and your family.

Court Reserve is how you:

- Reserve tennis and pickleball courts
- Register for clinics, lessons, leagues, and events
- View schedules and court availability

All tennis and pickleball members must have a Court Reserve account to participate in programming.

WHAT YOU'LL FIND VIA THE NEWSLETTER & COURT RESERVE

- Tennis and pickleball calendars
- Instruction and clinic offerings
- Junior Team Tennis (JTT) information
- Tournaments and charity events
- Court Crunches (times when courts are reserved for matches or club events)

ADULT TENNIS

BEGINNER TENNIS & FUNDAMENTALS (LEVEL 1)

Designed for new or beginner tennis players. Focuses on basic stroke mechanics, footwork, and scoring.

- 1-month commitment
- Graduates to Level 2

BEGINNER TENNIS & INTRODUCTION TO STRATEGY (LEVEL 2)

For Level 1 graduates. Focuses on improving technique, introducing singles and doubles strategy, and preparing for match play.

- 1-month commitment
- Graduates to Level 3

BEGINNER TENNIS & INTRODUCTION TO SCORING & MATCH PLAY (LEVEL 3)

For Level 2 graduates. Prepares players to compete at the 2.5 level.

- 1-month commitment
- Graduates may join any 2.5-level clinics

BACK TO TENNIS CLINIC

Designed for players who played tennis previously and are returning to the sport. Focuses on rebuilding consistency, refining technique, and preparing for match play.

- 1-month commitment
- Instructor will recommend appropriate next clinics

ADDITIONAL ADULT CLINICS

- Competitive Doubles Strategy & Play
- Workout & Strategy
- Cardio Tennis
- Singles Strategy Clinics

ADULT SUMMER PROGRAMS – TENNIS LADDERS

Cost: \$15 per ladder

Men's and Women's Singles and Doubles ladders are divided by USTA NTRP level. Players may play up 0.5 level.

Features:

- Schedule your own matches
- Record scores online
- Track weekly rankings
- Doubles ladder does not require a partner

HOW TO REGISTER FOR ADULT CLINICS

1. Log in to your Seven Oaks Court Reserve account
2. Select Adult Clinics
3. Click Register for your desired clinic

Beginner Levels 1–3 and Back to Tennis clinics require a 1-month flat fee.
Other clinics offer drop-in or discounted monthly rates.
Clinics are capped – early registration is recommended.

JUNIOR TENNIS

Seven Oaks offers clinics, socials, tournaments, and Junior Team Tennis (JTT) for ages 3–18.

For questions, contact:

Paul-Henri

Tennis Programming & Instruction Director

Email: 7oaks.paulhenri@gmail.com

JUNIOR CLINIC SESSIONS (SUBJECT TO CHANGE)

Spring: March 2 – June 12, 2026 (15 weeks)

Summer Camps: June 15 – August 21, 2026 (10 weeks)

Fall: August 24 – November 24, 2026 (14 weeks)

Winter: November 30, 2026 – February 26, 2027 (11 weeks)

JUNIOR TEAM TENNIS – SPRING SCHEDULE

February 3 – Registration Deadline

End of February – Schedules Published

March 6 – First Practice

March 7 – First Matches

April 3-4– No Practice or Matches (Easter Weekend)

May 9 – Last Match

May 15-17 – End of Season Tournament

PRACTICES: 4:00–5:30pm or 5:30–7:00pm

MATCHES: Saturdays

COST: \$215 per season

JUNIOR LADDER – TENNISRUNGS

Cost: \$20 per player for the year

Open to all junior players for competitive match play

SUMMER CAMPS

BEGINNER & INTERMEDIATE

Dates: June 15 – August 21, 2026

Time: Monday–Friday | 9:00am–3:00pm

Cost: \$345/week | \$85 daily drop-in

ADVANCED & ACADEMY

Dates: June 15 – August 21, 2026

Schedule: Monday–Thursday

Time: 10:00am–12:00pm & 1:30pm–3:30pm

Cost:

- \$225/week
- \$70 full-day drop-in
- \$40 half-day drop-in

SEVEN OAKS PICKLEBALL

We offer a wide range of clinics, leagues, social events, and tournaments throughout the year for our members to enjoy!

Whether you are a beginner looking to learn the basics or an intermediate player looking to take your game to the next level, our clinics are designed to help players of all levels improve their skills. In addition to clinics, we also offer ladder play, interclub league play, and Play Team Pickleball League play where our teams compete against other clubs in the area.

No matter your skill level, Seven Oaks has something for everyone. We are dedicated to providing a welcoming and inclusive community for everyone. So come join us on the courts and see what all the excitement is about!

For questions, contact:

Kaitlin

Email: 7oaks.kaitlin@gmail.com

We can't wait to see you on the courts!